

# EMOTIONAL FREEDOM TECHNIQUE® "RESISTANCE TO CHANGE"

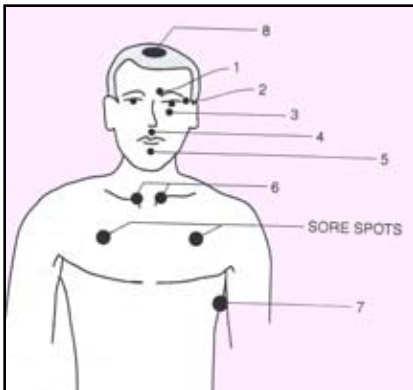
"THE CAUSE OF ALL NEGATIVE EMOTIONS IS A  
DISRUPTION IN THE BODY'S ENERGY SYSTEM."

GARY CRAIG, FOUNDER

WHERE ASTONISHING EMOTIONAL RELIEF LEADS TO  
PROFOUND PHYSICAL HEALINGS. PHYSICIAN APPROVED!

APPLIES TO ALL ISSUES, INCLUDING:

- PAIN RELIEF
- WEIGHT LOSS
- DEPRESSION
- BLOOD PRESSURE
- MIGRAINES
- ANGER
- ANXIETY
- FEARS/PHOBIAS
- RELATIONSHIP ISSUES
- SCHOOL & SPORTS PERFORMANCE
- ADDICTIONS
- TRAUMA
- ALLERGIES



Tap your way  
to Freedom!

DROP IN: \$20

**STARTING: FEBRUARY 5TH**  
WHEN: EVERY FRIDAY  
TIME: 10:00AM - 11:00AM  
WHERE: THE HEALING STUDIO  
AT OM SWEET OM YOGA  
12 IRMA AVENUE  
**"RESISTANCE TO CHANGE"**

GROUP FACILITATED BY:  
**REV. TERRI A. HEIMAN**  
SPIRITUAL ACTIVIST, TEACHER

*WE WILL USE TAPPING TECHNIQUES  
TO LET GO OF THE EMOTIONS THAT  
KEEP US STUCK IN THE SAME PLACE ..  
OVER AND OVER AND OVER AGAIN.*